Enhance your event with a healthy buffet specialty option. Each buffet offers a lighter fare using the finest fresh ingredients with lower fat contents available. Look for the “Goodwill” tag and enjoy a healthier option. Have a Goodwill Day!

**HEALTHY START** $9.50 PER PERSON
Fruit Salad & Citrus Wedges, Low Fat Yogurt, Low Fat Cottage Cheese, Hard Boiled Eggs, Sliced Whole Grain Bagels with Low Fat Cream Cheese, Fruit Preserves, Peanut Butter, and Promise Spread, Selection of Orange, Tomato, and Grapefruit Juice.

**HEART SMART** $9.50 PER PERSON

**HEALTHY BREAK** $7.50 PER PERSON
Trail Mix, Assorted 100 Calorie Bars, String Cheese Sticks, Coffee, and Tea

**CHOP SALAD BAR** $11.50 PER PERSON
Caesar Salad, Gourmet Tossed Salad, Potato Salad, Italian Pasta Salad, Spinach Salad, Dinner Rolls, Dessert of Fruit Trail Mix and Granola Bars Choice of: Lemonade or Ice Tea

**GRILLED CHICKEN BREAST SANDWICH** $11.00 PER PERSON
Grilled Chicken Breast on a Kaiser Bun with Lettuce, Sliced Tomatoes, Onion, Cheddar Cheese, Swiss Cheese, Pickle with Mayonnaise & Dijon Mustard, Choose two: Wheat Pasta Salad, Vegetable Salad, Tossed Greens Salad with Dressing, Fresh Fruit Choice of: Lemonade or Ice Tea

**AMERICAN DELI** $11.50 PER PERSON
Choose three of the following: Sliced Turkey, Sliced Ham, Sliced Beef, or Chicken Salad
Choose two of the following: Gourmet Tossed Salad, Pasta Salad, Potato Salad, Clear or Cream Soup with Crackers Assorted Breads, Condiment Tray with Lettuce, Slice Tomato, Sliced Onion, Cheese, Pickle Spears, Mayo & Mustard Fresh Fruit Salad, Trail Mix. Choice of: Lemonade or Ice Tea

**SOUP & SALAD** $11.50 PER PERSON
Selection of a Clear and Cream Soup, Tossed or Caesar Salad, Wheat Rolls, Trail Mix, Granola Bars, Choice of: Lemonade or Ice Tea

Consuming cooked to order foods raw or under cooked meats, fish, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness especially if you have certain medical conditions.

To place your order call 616-723-5137 or send an e-mail to catering@goodwillgr.org. www.goodwillgr.org